## **Test Prep Guide**



Course:						Re	minder Tips
Test Date:							Start studying at least one week in advance
Test Format:	Multiple Choice	Short Answer				Find a place to study where you can	
(check)	Fill in the blank		Essay				concentrate and is free from distractions
Test Format: (check)  What will be on the test?  (List the topics and put an "x" in the column that best describes how well you know about the topic)  Important vocabulary to know  Need help creat	Topic	l know this	Not too sure	No idea	Date Reviewed		Complete all assignments
							Review your notes
							Complete any review sheets
							Use the Pomodoro Technique (Study for 25 minutes, rest for 5 minutes)
							Get lots of sleep
							Eat a balanced diet
							Don't cram the night before!
							Seek help from on- campus and online resources
							Form a study group with your classmates
	Need help creating a study schedule? Make an appointment with a CARE staff member at 808-845-9290.						
		My S	tudy Plar	1			
Day:	Time:		Day: _			Tii	me:
Topics to cover:			Topics	to cove	r:		
Day:	Time:		Day: _			Tii	me:
Topics to cover:			Topics	to cove	r:		

## **Study Plan Resources**

## EXAMPLE PLAN

COURSE: Introduction to Art History - Western

Major deadlines (see below) + Time available (14 days) + Time want to spend (20 hours) + Active Learnina Techniques (see below)

		major accamines (see be	elow) + Time available (14 a	aysy . Time trans to spena (	zo nours) . retire zeurinig	recommiques (see below)	
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
WEEK 9	Study: 8-10 PM Library, 6th floor • Ch. 22 notes & SG • Analyze Midterm #2	Study: 10-11 AM BRC, Cantina • Read & annotate for Wednesday's lecture. • Draft practice ques- tions from Ch. 18	Study: 8-10 PM Library, 3rd floor • STUDY GROUP! • Review Ch. 23 • Clarify lecture • Ch. 22 practice-test questions X 2 • Teach pp. 712-22	Study: 10-11 AM In my room! • Merge reading & lecture notes from Wednesday, with study group notes too	Study: 9-11 AM In my room! • Draw images/note key details from Ch. 16 - 19 flashcards • Quiz self on Ch. 19-21	x-country!	Study: 8-10 PM Library, 6th floor • Read & annotate for Monday • Organize questions for Office Hours o Monday • Answer questions
	• leach pp./12-22			Home	from end of Ch. 17		
WER 10	Study: 8-10 PM Library, 6th floor • Merge today's reading & lecture notes • Compare/contrast 14th, 15th, & 16th century Italy	Study: 10-11 AM BRC, Cantina • Ch. 23 notes & SG • Read & annotate for Wednesday	Study: 8-10 PM Library, 3rd floor • STUDY GROUP! • Review Ch. 23 • Clarify lecture • Ch. 23 practice-test questions X 3 • Teach pp. 36-46 in Nat'l Geographic	Study: 10-11 AM BRC, Cantina • Merge reading & lecture notes from Wednesday, with study group notes too • Quiz self on Ch. 22	Study: 1-3 PM BRC, Cantina • Write SG for • Ch. 16-19; • 19-21; • 22-23 • Draw images/note key details from Ch. 19 - 21 flashcards	Extra Study! 1-3 Home  • Draw images/note key details from Ch. 22 & 23 material • Compare/contrast 15th & 16th century N. Europe • SGs - QUIZ!!	Study: 8-10 PM Home • Quiz self on Ch. 23 • Outline response to end-of-Ch. questions • Stop at 10 and get to SLEEP!
FINALS WEEK	FINAL: 8-9:50 PM LINC 210						Legend: Ch. = Chapter pp. = pages SG = Study Guide

## Study Plan Reminder Tips

- Set days and times of when you will study
- Be specific on what you will study at each time
- Use the Pomodoro Technique (Study for 25 minutes, rest for 5 minutes)
- When "testing"
  yourself, recreate the
  test environment.
  Don't use your notes
  or textbook if you
  won't be able to use it
  during the test.

Preparation Strate (check off ones that		Review Strategies – TEST YOURSELF (check off ones that you've completed)			
Develop study sheets	Summarize material	Recite study sheets	Answer essay questions		
Create practice tests	List steps in the process	Test yourself using flashcards	Recite answers		
Flashcards (vocab, problem, formula, question)	Predict/write essay questions	Take practice self- tests	Explain material to a group or someone		
Re-read text material	Make a list of 20 topics that would be on test	Practice study guide info out loud	Recite chapter review answers /main points out loud		
Outline reading/material	Answer chapter review questions	Do any "missed" problems	Teach the material to someone		

	Topic			l know this	Not too sure	No idea	Date Reviewed		
What will be on									
the test?									
(List the topics and put									
an "x" in the column that best describes how									
well you know about the topic)									
Important vocabulary to									
know									
	My Study Plan								
Day:	Time:		Day:		Time:				
Topics to cover:		Topics to cover:							
Day:	Time:		Day:			Гіте:			
Topics to cover:	cover:		Topics to cover:						
Day:	Time:		Day:			Гіте:	· · · · · · · · · · · · · · · · · · ·		
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